Welcome to the November Newsletter from the Department of Physical Therapy's student-run pro bono clinic

Thank you to our volunteers and supporters!

Thanks to the generous contributions of our donors, we successfully raised the $2500 we needed for start up costs!! Please help contribute to our funds by going to: https://umarket.utah.edu/ugive/index.php?gift_id=68&special=%20Midvale%20Clinic%20HE23467-40165

See all our amazing donors and a full list of October volunteers at the end of the newsletter.

Learn more about us!


We’re on Twitter! You can follow us at @UofUProBonoPT

Facebook Page: https://www.facebook.com/uofuprobonopt
A Letter From Katey Blumenthal, SPT ’15
Therapy Co-Director

One important result of our clinic’s model is the camaraderie it has built among students: students work with and learn from each other. At the clinic, students treat with others from another cohort, providing an excellent review of past classes for senior students, and exposure to the curriculum to come for junior students. This learning environment has even precipitated friendships beyond the clinic.

A similar camaraderie has risen in the founding Student Board. Students from the classes of 2015 and 2016 have talked each other through challenging decision-making, supported each other when the combination of school and clinic work was overwhelming, cheered each other up through pranks and jokes, and laughed and celebrated together over some of the best tacos in the States. Our Student Board has become a community of individuals of different ages, who hail from different locations and backgrounds, who contribute a wide range of life and professional experiences, and who all have worked together to successfully achieve a common goal.

Autumn is a time for change at the Pro Bono Clinic, as we welcome new board members from the Class of 2017 into our community. Simultaneously, as we bid farewell to the board members from the Class of 2015, who will soon embark on their final internships, we hope that the relationships we have built with them will endure. We aspire to share a similarly open learning environment with members of the Class of 2017, and are ever excited to learn from the unique perspectives that these individuals will undoubtedly bring.

Class of 2015: we have learned extraordinary things from you, been inspired and challenged by you, and shared in the beginnings of a monumental project with you. The door is, and will always be open for you to be involved with the clinic, and to volunteer as students and professionals with us. Thank you for your hard work with the clinic, and for your openness to share your knowledge with us.

Katey Blumenthal, SPT ’16, Therapy Director

University of Utah Health Professionals Interdisciplinary Meeting

Things are beginning to pick up at the Midvale CBC Clinic! More health professionals and students from a variety of disciplines are now providing services to the Midvale community. Because of this, we decided to hold a meeting and discussion with faculty members and students from many of the health professional departments at the University of Utah. We had an amazing turnout with 22 people attending in total from nutrition, nursing, medicine, pharmacy, informatics, physical therapy, and physician assistant programs, including Adam Stevenson, Dean of Student Affairs for the School of Medicine and Rebecca Wilson the director of inter professional education (IPE). Together, we discussed ideas about how we can turn the clinic into an interdisciplinary care system in which students from all professions are working side-by-side with the same patients. All members at the meeting agreed that this would dramatically improve inter-profession relations and the learning experience with patients. By next semester, we aim to form a Board of students from each health professional department that can serve as the representatives for the clinic. This board can lead the way in connecting students of different professions helping to progress the environment of the clinic into one of mutual teamwork and mutual respect. This is an exciting step for our clinic as well as our University, and we encourage all students to get involved as we continue to grow!

Marissa Floodman, SPT ’15, Student Pro-Bono Clinic Community Liaison
Meet Our New Board Members From The Class of 2017!

Joseph Randall Broadhead SPT, Therapy Director

I was born in Lompoc, California. However, when I was 4 years old my family moved to Las Vegas and I stayed there until I graduated from high school. After, I attended one semester at UNLV before embarking on a two-year mission to Baltimore, Maryland for the LDS church. Upon returning home, I enrolled at BYU- Hawaii where I earned my bachelor’s degree in exercise and sport sciences as well as a minor in biology. I also obtained my personal training certification through NCSF.

I am married to my beautiful wife, Tabitha, whom I met in Las Vegas during a school break at home. Upon graduation, I followed Tabitha to Utah where I was lucky enough to work as a Physical Therapy Aide for Intermountain Healthcare. After much persuasion, I finally convinced Tabitha to marry me. We recently celebrated our 1 year wedding anniversary and enjoy playing board games, hiking, visiting zoos, and attending basketball games. I am honored to be a part of The University of Utah’s Physical Therapy Program and look forward to serving as a Director of this student-run Pro Bono clinic.

Ann Goding, Secretary

I was born in Minneapolis, Minnesota and have lived there all my life until moving out here to Salt Lake City in May. I went to University of St. Thomas in Minnesota for undergrad where I majored in exercise science and minored in Spanish. I love the winter and have been figure skating most of my life. I also like to snowboard and am quite excited to experience real mountains as opposed to the smaller Minnesotan hills.

Jennifer Gebhardt, Finance and Development

I grew up in upstate NY, came to Utah for school and skiing, and graduated from the U with a degree in Environmental Studies and Anthropology. I love spending time outside in the desert and the mountains and in the winter work as a ski patroller at Snowbird. I’m also lucky enough to have the greatest dog in the universe.

Scott Allred, Student Liaison

I grew up in Portland in good old rainy Oregon. My undergraduate was here at the University of Utah in international studies. After graduation I moved back to Oregon but missed the mountains so much that I came back for the physical therapy program. I generally prefer being outside and have a background in rock climbing, backpacking, hiking, trail running, and skiing: though I am not particularly great at any one of them. I just enjoy being active. My first experience with the Pro Bono Clinic was volunteering to help treat patients. Even though I felt like I had very little knowledge to contribute it was a really rewarding experience. I look forward to helping other PT students and community members as a member of the Pro Bono Clinic board.
Neil Scheuermann, Technology

I grew up in Eden, UT, about an hour north of Salt Lake City. I love snowboarding and have been riding for 13 years. I also like to play disc golf, go rock climbing, and spending time with my family and friends. I’ve been married for just over a year now and my wife is the sweetest person you’ll ever meet! My undergraduate degree is in Anatomy and Physiology from the University of Utah.

Brianna Stewart, Outcomes and Research

I relocated from my hometown of San Diego, California, where I attended California State University, San Marcos. I earned a Bachelor of Science in Kinesiology degree with an emphasis in physical therapy, and developed an interest in research while working in the biomechanics laboratory as an undergraduate student.

My desire to pursue physical therapy developed from my professional ballet background, and I would eventually like to specialize in treating dance- and gymnastic-related injuries. I continue to attend dance classes at a local studio when time permits, and I enjoy attending dance and music productions whenever possible. Attending a University of Utah gymnastics home meet is definitely high on my priority list.

I am eager to begin collaborating with the other Board Members to help build upon the strong foundation already established by the current members.

Chris Whetton, Attending Liaison

I was born and raised in Harrisville Utah (Ogden area). After high school I served an LDS mission in the Dominican Republic. After returning in 2009 I began working on my bachelors degree at Weber State University in Ogden. I graduated in the spring of 2013 with my Bachelors in Athletic Therapy.

My favorite things to do are hiking, camping, fishing (I am terrible at fishing but I still love to do it), and playing/watching soccer. I also enjoy reading (mostly fiction) whenever I have some time off from school.

I spent my first two summers during undergrad working in Skagway Alaska for Holland America, Princess, and Carnival cruise lines as a tour guide. There I met my wife and we were married in the fall of 2011. We just celebrated our third year anniversary. My wife is from Seattle originally and the majority of her family still live there so we try to split our time between Utah and Washington.

Alex Engar, Community Liaison

I grew up about 5 minutes from the U of U, but my love of long commutes has landed me in Kaysville, where I currently reside with my wonderful wife and super cute, almost 1 year-old baby girl. We love being outside, especially to bike, run or get our pickleball game on! I majored in biology at the U and took a few extra classes to finish with minors in Spanish, meteorology and chemistry. I’ve volunteered extensively with the University of Utah Hospital and the Maliheh Clinic and I’m excited to work now with the Pro Bono Clinic!

Neil Scheuermann, Technology

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Testimonials from student and attending physical therapists

Students:

“My Saturdays at the Pro Bono Clinic have been great learning experiences. I have greatly appreciated the volunteer PTs and the time they have donated to helping us learn and refine our skills”

“Volunteering at the Student Run Pro Bono Clinic has been such a wonderful experience. I have become more confident as a SPT and have met some amazing people in the community. I would recommend this experience to everyone. You will learn what strengths you have and what skills you need to improve on. Thank you for this opportunity.”

Attendings:

“The experience was great. I enjoyed working with the students and offering some direction to help with evaluation and treatment. I would definitely do this again.”

“I am so impressed with and proud of the professionalism and preparation of the U of Utah PT students. It was amazing to be a part of this and to see how the students manage this operation with such dedication, consideration, and enthusiasm.”

“The students were extremely professional and happy to be at the clinic. They worked very well together. This was my first time at the clinic and I was unsure what to expect. I was extremely impressed by the professionalism of the students, their knowledge and the collaboration of the second and third year students. This is an incredible program. I am extremely impressed that it is student run and I will proudly volunteer my time to this clinic as often as you will have me. Well done University of Utah PT students! I hope that other PT schools will follow your example.”

Many thanks to the following October volunteers!

CBC Staff:
Maria Consuelo Cala
Olinai Fernandez
Mauricio Agramont, Director

Attending physical therapists:
Jill Guilmain, Promise Hospital-Long term acute care
Bobby Briggs, University of Utah
Jessica Tidswell, Summit Sports Performance and Rehab Center, Sports Physical Therapy
Bo Foreman, University of Utah

Student physical therapists:
Destiny Carter, SPT ‘15
Nate Fankhauser, SPT ‘15
Ally Armstrong, SPT ‘15
Lauren Johnson, SPT ‘16
Katey Blumenthal, SPT ‘16
Charlene Brenkmann, SPT ‘15
Luke Harewood, SPT ‘16
Ally Barton, SPT ‘15
Jordan Johnson, SPT ‘16
David Kunz, SPT ‘16
Scott Allred, SPT ‘17
Nikelle Hunsaker, SPT ‘15
Brooke Schlotterback, SPT ‘16
Ben Yoder, SPT ‘15
Jacquelyn Johnson, SPT ‘15
Erin Longhurst, SPT ‘15
Jackie Gebhardt, SPT ‘16

Translators:
James Tingey
Bryan Samuelson

Student Administrative Coordinator:
Katelyn Metcalf, SPT ‘15
Thank You!!

All of our progress and accomplishments have been thanks to the funds, equipment and supplies provided by our generous donors

Utah Physical Therapy Association
Thank you for donating a booth at the 2014 UPTA annual conference. Your donation helped our clinic reach out to many different physical therapists and students in Utah. We were able to educate those attending the conference on our mission as a clinic and how to get involved. Thank you!

Active Lifestyles Physical Therapy
Thank you for donating to our clinic. Your donation of kinesio tape will greatly improve the quality of care we provide to our patients and workplace conditions for our volunteers. We take great pride in our mission and giving our patients the highest quality of care possible. With your help, we can continue to work towards these goals.

Interested in helping?
To volunteer as an attending physical therapist or Spanish translator: please contact uofuprobonopt@utah.edu

Help us meet our goal of raising $2500 for initial start up costs! To donate, go to: https://umarket.utah.edu/ugive/index.php?gift_id=68&s=special=%20Midvale%20Clinic%20HE23467-40165 or send a check payable to the Department of Physical Therapy ("Pro Bono Clinic" in the memo line) to 520 Wakara Way, Salt Lake City, 84108. All donations are tax deductible and will go directly to the clinic.

To donate small pieces of equipment or supplies, contact us at: uofuprobonopt@utah.edu or (435-612-0066).

Spread the word!
If you know of anyone who is interested in the clinic, please encourage them to subscribe to our newsletter. To subscribe: send an email to sympa@lists.hsc.utah.edu with the subject "Subscribe probono_pt_clinic YOUR NAME".

Thanks for reading! Look for our next newsletter in January. For questions about the information provided here or the clinic in general, please contact uofuprobonopt@utah.edu.

Student Board Secretaries,
Nira Salant '15
Jordan Johnson '16