Welcome to the May newsletter from the Department of Physical Therapy's student-run pro bono clinic.

Thank you to our volunteers and supporters! A full list of April volunteers and donors are listed at the end of the newsletter.

Our website is live! Check it out at http://www.health.utah.edu/pt/pro-bono/index.html and track our progress towards reaching $2500 in donations for start-up costs. Help contribute to our funds by going to: https://umarket.utah.edu/ugive/index.php?gift_id=68&special=%20Midvale%20Clinic%20HE23467-40165

We’re on Twitter! You can follow us at @UofUProBonoPT

Facebook Page: https://www.facebook.com/uofuprobbonopt
Letter from Dr. Wayne Samuelson, MD, University of Utah Health Care

Dear Friends and Colleagues in the Department of Physical Therapy:

The Department of Physical Therapy’s student-run pro bono clinic is an exciting and welcome addition to the Community Building Community Family Health Clinic in Midvale. I’m very impressed with the dedicated efforts of all who have worked hard to make this happen. When Dr. Evelyn Gopez and I met with Mayor Seghini and the leaders of the Community Building Community organization for the first time we articulated a vision that would provide educational opportunities for learners and state of the art care for patients. It was not the prospect of physicians writing prescriptions for free that captured the community’s interest. It was the hope that an underserved population would have access to comprehensive state of the art health care that triggered their enthusiasm. Most of our patients have never even heard of physical therapy, but those who are being treated in the clinic are rapidly spreading the word about its benefits. Students from the Division of Nutrition in the College of Health are planning to join us soon. We anticipate that groups from the College of Nursing, the College of Pharmacy and the School of Dentistry will also be coming on board in the near future. Thanks for leading the way. There is still much to do. I look forward to working with all of you as we create a model of world-class care and professional education in Midvale.

Wayne M. Samuelson, MD

Global Health Conference
April 26, 2014

Student board members Katey Blumenthal, Ally Armstrong, and Nira Salant, as well as Faculty Advisor Misha Bradford, presented a poster at the University of Utah 2014 Student Global Health Initiative (SGHI) Conference. The conference was an opportunity to present information about the clinic and exchange ideas with members of the global health community and other health sciences departments at the university, including medicine, public health, nursing, pharmacy, dentistry, and social work. Highlights from the poster are provided on the next page.

UPTA Conference Update
May 9th-10th, 2014

Student board members, Kayla Trobec, Todd Monsen, and Katey Blumenthal were exhibitors at the UPTA Spring Conference in Provo, Utah. Coming equipped with an informational poster and handouts about the clinic, they were able to recruit attending clinicians to volunteer in the future, to solicit in-kind donations, and to raise awareness about the Clinic and the medical needs of the Midvale Community. The positive feedback from those attending the conference confirms that Utah certainly has pro bono fever! Thanks to the UPTA Staff, especially Amberleigh Farrell, for their continued support of our efforts.

Patient and Volunteer Statistics Since Opening

- Total number of patients =
- Initial evaluations =
- Follow-up visits =
- Age range =
- New SPT volunteers =
- New attending PT volunteers =
- Total volunteer hours =
Presentation Highlights and Photos from the 2014 SGHI

Title: Local Community-Supported Student Initiatives for Global Health: An Interdisciplinary Model from the Midvale CBC Community Clinic Physical Therapy

Authors: Katey Blumenthal, SPT ‘16, Allyson R. Armstrong, SPT ‘15, Nira L. Salant, SPT ‘15, Misha Bradford PT, DPT, OCS, R. Scott Ward PT, PhD

Clinic Statistics Since February Opening

Student & Clinician Involvement:
- 93 total DPT students in the 1st and 2nd year DPT student cohorts
- 16 Student Board Members, 1 student administrator, and 2 student translators have donated over 975 hours of administrative and organizational work
- 22 Student Clinical Volunteers have donated 265 hours of clinical care
- DPT Faculty have donated over 60 hours of time of mentorship
- 7 Attending physical therapists have donated over 45 volunteer hours

Patient Satisfaction Report: Patients report a mean improvement in symptoms of +3.7 on a 7-point global rating of change scale after their initial evaluation, and a mean of 98% satisfaction with their treatment.

87.5% of patients report that they would have no other source of musculoskeletal care outside of MCBCC-PT. Others report that they would have sought treatment, at significant personal expense at the Greenwood Clinic or with a primary care physician.
Testimonials from student and attending physical therapists

Students:

“My experience at the clinic was incredible. I realized that we are actually treating patients and not just another knee. The patients are so appreciative of the service we render and are kind and humble people. I learned a lot from going to the clinic and think it is such a good place to practice what we are learning in school. I definitely will go as many times as I can.”

“I had a great experience at the clinic. I would suggest all students go and volunteer; it really teaches you to think outside yourself and realize there are obstacles beyond patient’s control that may impede the rehabilitation process. This really taught me to think outside the box and gear each treatment to the patients specific needs and life circumstances.”

“The overall experience was great! It was nice to be teamed up with a 1st year student because it allowed her to practice her evaluation skills and it allowed me (as the 2nd year student) to hone in on my skills and be able to apply what I’ve been learning in musculoskeletal.”

Attendings:

“Fantastic! The first and second year teams of students worked well. The floating students kept things moving. Each student present was highly motivated and cooperative. Overall, I had a great experience and will look forward to doing it again.)

“This experience was really great as an attending PT, mostly as it was fun to facilitate active learning throughout the process of both initial visits and return visits where they were reassessing and treating a patient that they were unfamiliar with. It was great to see the confidence that is instilled in the students as they take on more of an active role without me "hovering” nearby as often happens during traditional learning experiences. What a wonderful service for the patients, too, and everybody that came through seemed very appreciative of the services that were provided!”

Many thanks to the following May volunteers!

CBC Staff:
Maria Consuelo Cala
Alexandria Taylor
Mauricio Agramont, Director, Community Building Community

Attending physical therapists:
Robin Marcus, University of Utah
Genvieve Olivier, University of Utah
Tami Dangerfield, University Pain Clinic
Whitney Meier, University Orthopaedic Center
Allan Versteeg, St. Marks Hospital

Student physical therapists:
Ally Barton, SPT ’15
Katey Blummethal, SPT ’16
Lauren Brey, SPT ’15
Destiny Carter, SPT ’15
Andrew Christensen, SPT ’15
Brett Fechter, SPT ’16
Jackie Gebhardt, SPT ’16
Jed Gorman, SPT ’16
Natalie Hale, SPT ’16
Travis Jarrett, SPT ’15
Jordan Johnson, SPT ’16
Amanda Larson, SPT ’15
Bailee McGrath, SPT ’16
Katelyn Metcalf, SPT ’15
Jaron Pope, SPT ’15
Katie Rufenacht, SPT ’16
Clayton Sainsbury, SPT ’15
Nira Salant, SPT ’15
Preston Ward, SPT ’16
Jordan Wood, SPT ’16

Translators:
Bryan Samuelson

Student Administrative Coordinator:
Katelyn Metcalf, SPT ’15
Interested in helping?
To volunteer as an attending physical therapist or Spanish translator: please contact uofuprobonopt@utah.edu

Help us meet our goal of raising $2500 for initial start up costs! To donate: Go to https://umarket.utah.edu/ugive/index.php?gift_id=68&special=%20Midvale%20Clinic%20HE23467-40165 or send a check payable to the Department of Physical Therapy ("Pro Bono Clinic" in the memo line) to 520 Wakara Way, Salt Lake City, 84108. All donations are tax deductible and will go directly to the clinic.

To donate small pieces of equipment or supplies: Contact us at uofuprobonopt@utah.edu or (435-612-0066).

Spread the word!
If you know of anyone who is interested in the clinic, please encourage them to subscribe to our newsletter. To subscribe: send an email to sympa@lists.hsc.utah.edu with the subject "Subscribe probono_pt_clinic YOUR NAME".

Thanks for reading! Look for our next newsletter in June. For questions about the information provided here or the clinic in general, please contact uofuprobonopt@utah.edu.

Student Board Secretaries,

Nira Salant '15
Jordan Johnson '16
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