Welcome to the second monthly newsletter from the Department of Physical Therapy's student run pro bono clinic. We have been very busy over the past month and have a lot of exciting news to report. Read on for more:

We are opening this month!!

Our first day of operation will be Saturday, February 15th from 9 am – 1 pm. We will see patients every Saturday during this time, with the hope of expanding our hours of operation in the coming months. For the first three weeks, the clinic will be staffed by members of the student board and attending physical therapists from the community. Starting in the second week of March, all physical therapy students will be able to work at the clinic after completing an online training course and orientation.

Patients should contact the Midvale Family Health Clinic at 801-561-2211 to schedule an appointment. Students interested in volunteering at the clinic should contact student liaisons Erica Peterich '15 (erica.peterich@utah.edu) and Preston Ward '16 (preston.ward@utah.edu).

Interested in helping?

We are actively recruiting physical therapists to serve as supervising therapists for the clinic. Please contact erin.mcdermott@utah.edu or laurenb.johnson@utah.edu if you are a physical therapist interested in volunteering your time.

We are also accepting donations!

If you are interested in contributing, monetary donations can be made via the University of Utah’s development page: http://giving.utah.edu/. Monetary (cash or check) and equipment donations can also be made at the main office of the Department of Physical Therapy, 520 Wakara Way, Salt Lake City, 84108 (located in Research Park). Checks should be made out to the Department of Physical Therapy; simply put "Pro-Bono Clinic" in the memo line to indicate where you wish the funds to be allocated. All donations are tax deductible and will go directly to the clinic. Although we are currently unable to accept large pieces of equipment, we would greatly appreciate many smaller items and supplies (e.g., kinesiology and athletic tape, Therabands, small free weights, medicine balls, foam rollers, or hand sanitizer).

Please feel free to contact us by email (uofuprobonopt@gmail.com) or phone (435-612-0066) with any questions about equipment needed or the donation process.

Also in this issue:

-- Letter from the Directors
Dear Students, Faculty, Staff, and Volunteers,

We are thrilled to announce the forthcoming physical therapy services at the Midvale Family Health Clinic. Thanks to the dedicated work and skills of each and every student board member, our faculty adviser, faculty advisory board members, and other generous individuals who have donated their time, services, and equipment, we have been able to build this clinic from the ground-up in an astonishingly quick and efficient matter of months.

As you may be aware, the pro bono clinic has been made possible through partnership with a local Midvale non-profit group, Communities Building Communities (CBC). Through working with the CBC, we hope to foster a sustainable exchange: our clinic will offer free physical therapy services to communities with limited access to affordable health care, while providing opportunities for our students to develop both their clinical skills and social awareness. Our work with the CBC truly encompasses the idea of communities building communities, a cycle which we hope will continue well into the future!

We are excited with the progress, and look forward to working with you on increasing volunteer support, especially from community physical therapists, and on soliciting donations. We hope you find the information necessary in this newsletter to help our efforts!

Ally Armstrong, SPT ’15
Katey Blumenthal, SPT ’16
Student Board Directors

Message from Mauricio Agramont, Director of the Community-Building-Community Initiative of Midvale City (CBC)

Dear Students, Faculty:

The Midvale Communities Building Communities (CBC) is delighted to have the chance to work with the students and faculty of the Department of Physical Therapy. Our partnership with your Department and the School of Medicine brings crucial health services to Midvale’s most vulnerable populations. Health care access for the uninsured, underinsured, and low income families living in the area have been a goal of our organization since it was created in 1998, with the incorporation of physical therapy students and faculty from the University of Utah our goal seems now more attainable than ever. This partnership will also help enhance the education of all the participant students and will increase awareness of the health status of the new wave of immigrants of the 21st century. This unique experience will
provide PT students with challenges and opportunities to grow as professionals and a HEALERS.

Our community welcomes your team and thanks everyone for having the willingness to make a real and lasting difference.

Sincerely,

Mauricio Agramont
Midvale City
Community-Building-Community (CBC)
Community Developer and CBC Director
magramont@midvale.com

Clinic hours and services:

The clinic will be open every Saturday from 9 am to 1 pm at the Midvale Family Health Clinic, located at 695 West Center Street, Midvale, UT 84047 (Midvale Community Building). Call 801-561-2211 to schedule an appointment. We will offer free physical therapy services to underserved and underinsured residents of Midvale who are at or below 150% of the poverty line. Our services will focus on treating physical impairments or injuries that affect an individual's occupation, recreation, and activities of daily living, as well as promoting overall health and well-being through exercise and rehabilitation.

Student training course:

Physical therapy students were first given a survey to determine their experience and interest in different areas in helping with clinic operations. An online training module is being developed to prepare students for working in the clinic. Each student interested in volunteering will need to complete the online training and orientation prior to starting work at the clinic. More information will follow our soft opening on February 15th in advance of our full opening in March.

Recent donations and fundraising efforts:

We recently received donations of several key pieces of equipment and supplies that will aid the successful launch of the clinic. The University of Utah's Department of Physical Therapy has donated much-needed folding exam tables, as well as several objective assessment tools. In addition, a local Salt Lake City company, Dynatronics® has generously provided us with a variety of treatment items that include exercise bands, stretching tools, and a four-channel electrical stimulation unit. Finally, the Utah Physical Therapy Association has made a large contribution by helping us contact and solicit help from physical therapists throughout Utah. Future success in of the clinic will be in large part thanks to these donations and the contributions of others who are investing their time and resources in this effort.

Report from the National Association for Student-Run Clinics conference in Nashville:
Board members Ally Armstrong and Brett Fechter attended the National Association for Student-Run Clinics Conference, held February 1-2, 2014 in Nashville, Tennessee. Below is Ally’s report from the meeting:

_Brett and I were very fortunate to be able to attend the Society of Student-Run Free Clinic Conference (SSRFC). At the conference we were able to gather valuable information about creating a clinic that can be sustainable. The most informative sessions for us were those specifically about electronic medical records and effective management of the clinic. This conference gave us great insight into current operations as well as future goals to incorporate the University of Utah as a whole. While we networked with all medical professions, many of the contacts we foresee utilizing were the physical therapy students we met from Widener University, University of Missouri and University of Alabama. Many thanks to the department for sponsoring this opportunity. Please feel free to contact us for more information about our experience._

If you are not already subscribed, or know someone who might be interested in receiving this newsletter and other information about the clinic, please subscribe to our email list! Expect to receive an email once or twice a month with information about clinic operation, services, events, donations, and volunteer opportunities.

To subscribe: send an email to _sympa@lists.hsc.utah.edu_ with the subject "Subscribe probono_pt_clinic YOUR NAME". No information is needed in the body of the email. Be sure to use the email account that you would like to use to receive our emails. When the request has been processed, you will receive an email stating that you have been added to the list. You can unsubscribe at any time.

Please pass this information along to anyone you think might be interested in joining the list. If you have any problems subscribing, questions or concerns, please contact _nira.salant@utah.edu_

Thanks for reading! Look for our next newsletter in March. For questions about the information provided here or the clinic in general, please contact Nira Salant '15 (_nira.salant@utah.edu_) or Jordan Johnson '16 (_jordan.johnson@utah.edu_).

Student Board Secretaries,
Nira Salant '15
Jordan Johnson '16