Welcome to the December/January Newsletter from the Department of Physical Therapy's student-run pro bono clinic

**Thank you to our volunteers and supporters!**

Thanks to the generous contributions of our donors, we successfully raised the $2500 we needed for start up costs!! Please help contribute to our funds by going to:

See all our amazing donors and a full list of November and December volunteers at the end of the newsletter.

**Learn more about us!**


*We’re on Twitter!* You can follow us at @UofUProBonoPT

*Facebook Page:* [https://www.facebook.com/uofuprobonopt](https://www.facebook.com/uofuprobonopt)
Our Progress

Every month we provide statistics about the patients and volunteers at the clinic each month. Here is a closer look at the progress we made since opening in February.

**Student involvement:** 38 different students from the class of 2015, 39 different students from the class of 2016, and 4 different volunteers from 2017 have volunteered at the clinic.

Student floaters and treating SPTs have donated over 1206 hours at the clinic.

**Number of attendings volunteered:** 26 different attendings have volunteered at the clinic.

**Number of patients seen:** 73

**Gender totals:** 42 females and 31 males have been seen/treated

**Estimated price tag of care delivered:**

$40,922.80 worth of care through patient evaluations, re-evaluations, therapeutic exercises and activities, manual therapies and modalities.

### Number of Patients in Each Age Range

<table>
<thead>
<tr>
<th>age range</th>
<th>number of patients in age range</th>
<th>0-9</th>
<th>10-19</th>
<th>20-29</th>
<th>30-39</th>
<th>40-49</th>
<th>50-59</th>
<th>60-69</th>
<th>70-79</th>
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### Number of Cases

<table>
<thead>
<tr>
<th>body area</th>
<th>number of cases</th>
<th>percentage of cases</th>
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</thead>
<tbody>
<tr>
<td>spine</td>
<td>31</td>
<td>43%</td>
</tr>
<tr>
<td>shoulder</td>
<td>8</td>
<td>11%</td>
</tr>
<tr>
<td>wrist</td>
<td>3</td>
<td>4%</td>
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<tr>
<td>hand</td>
<td>2</td>
<td>3%</td>
</tr>
<tr>
<td>knee</td>
<td>20</td>
<td>27%</td>
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<tr>
<td>ankle</td>
<td>5</td>
<td>7%</td>
</tr>
<tr>
<td>foot</td>
<td>3</td>
<td>4%</td>
</tr>
<tr>
<td>neuro</td>
<td>1</td>
<td>1%</td>
</tr>
</tbody>
</table>

- **spine:** 43%
- **shoulder:** 11%
- **wrist:** 4%
- **hand:** 3%
- **knee:** 27%
- **ankle:** 7%
- **foot:** 4%
- **neuro:** 1%
This Saturday, just like any other clinic day, I pulled into the clinic at 8:30 with one hand full of cinnamon rolls and the other juggling a donation of three walking casts. However, this Saturday wasn't a normal clinic day: it marked the first treatment day under our new board, a group comprised of a mix of characters from the Classes of 2017 and 2016. I have been thrilled to get to know the unique women and men behind these new faces, and to watch as familiar board members assume new leadership positions. The change marks the clinic's rapidly approaching first birthday, replete with fresh ideas and enthusiasm for the months to come. As with any change, however, this Saturday also reminded me of the absence of the board members from the Class of 2015. As I looked around the clinic, making notes to revise our contacts list to remove the emeritus board members, and to update student binders to accommodate the new cohort of students, I felt a swell of gratitude toward the Class of 2015. These board members and volunteers were not only a group who excelled as clinicians, but who also shared the insight, creativity, eagerness to learn, and positive energy to build a clinic from scratch. This Saturday, through the nostalgia, I smiled in the reflection that no matter what challenges the year ahead holds, if our new board sustains those four qualities, we will have realized success.

We wish you the best! Thank you for all your hard work and dedication to the clinic.
Testimonials from student and attending physical therapists

Students:

“It's amazing what has been accomplished in the last year I hope it continues for the next group of students”

“I have learned so much from volunteering at the pro bono clinic. It has been one of the most unique experiences I have had.”

“The pro bono clinic is a great opportunity to learn and I am glad that this is a part of our program.”

“Keep up the good work! It's come such a long way!”

“The clinic is awesome! Keep up the good work”

Attendings:

“Very well organized, good job putting it all together.”

“Valuable service, and excellent students with good intentions”

“It was a great experience. The students really take the lead and are impressive with their clinical skills and knowledge. I was glad to be part of it.”

“I feel it is fantastic. You are providing an excellent service. The therapist (students) I worked with were very intelligent. This is a good setting to work with relatively challenging patient population/demographics in the out-patient setting.”

CBC Staff:

Maria Consuelo Cala
Olinai Fernandez
Mauricio Agramont, Director

Many thanks to the following Nov/Dec volunteers!

Attending physical therapists:

Ines Schwemmer, U of U
Brad Jensen, Neuro Rehab Sugarhouse Clinic and IHC Inpatient Rehab
Robin Cecil, Home Health PT Orthopedics
Esther Smith, Intermountain Medical Center

Student physical therapists:

Ryan Gray, SPT ‘16
Jordan Wood, SPT ‘16
Michael Reuter, SPT ‘16
Ryan Shawcroft, SPT ‘16
Katey Blumenthal, SPT ‘16
Marissa Floodman, SPT ‘15
Natalie Hale, SPT ‘16
Annie Fangman, SPT ‘15
Jackie Gebhardt, SPT ’16
Katelyn Metcalf, SPT ’15
Tyler Landgren, SPT ‘16
Arndreke Armstrong, SPT ‘16
Megan Wilson, SPT ‘15
Sara Niederbuhl, SPT ‘16
Rachel Porubeck, SPT ‘15
Brooke Schlotterback, SPT ‘16
Jackie Gebhardt, SPT ’16
Amanda Larson, SPT ‘15
Mathieu Meyers, SPT ’16
Katie Dill, SPT ‘16
Erin Sweetser, SPT ’15
Jordan Johnson, SPT ‘16
Ally Armstrong, SPT ‘15
Brianna Stewart, SPT ‘17

Translators:

James Tingey
Sarah Fallon
Colby Critchfield
Adam Russon
Interested in helping?

To volunteer as an attending physical therapist or Spanish translator: please contact uofuprobonopt@utah.edu.

Help us meet our **goal of raising $2500** for initial start up costs! To donate, go to: https://umarket.utah.edu/ugive/index.php?gift_id=68&special=%20Midvale%20Clinic%20HE23467-40165 or send a check payable to the Department of Physical Therapy ("Pro Bono Clinic" in the memo line) to 520 Wakara Way, Salt Lake City, 84108. All donations are tax deductible and will go directly to the clinic.

To donate small pieces of equipment or supplies, contact us at: uofuprobonopt@utah.edu or (435-612-0066).

**Spread the word!**

If you know of anyone who is interested in the clinic, please encourage them to **subscribe to our newsletter**. To subscribe: send an email to sympa@lists.hsc.utah.edu with the subject "Subscribe probono_pt_clinic YOUR NAME".

Thanks for reading! Look for our next newsletter in February. For questions about the information provided here or the clinic in general, please contact uofuprobonopt@utah.edu.

Student Board Secretaries,

Jordan Johnson '16
Ann Goding ‘17