Welcome to the April newsletter from the Department of Physical Therapy's student-run pro bono clinic.

Thank you to our volunteers and supporters! A full list of April volunteers and donors are listed at the end of the newsletter.

Our website is live! Check it out at [www.health.utah.edu/PT/pro-bono/index.html](http://www.health.utah.edu/PT/pro-bono/index.html) and track our progress towards reaching $2500 in donations for start-up costs. Help contribute to our funds by going to: [https://umarket.utah.edu/ugive/index.php?gift_id=68&special=%20Midvale%20Clinic%20HE23467-40165](https://umarket.utah.edu/ugive/index.php?gift_id=68&special=%20Midvale%20Clinic%20HE23467-40165)

We're on Twitter! You can follow us at @UofUProBonoPT

Facebook Page: [https://www.facebook.com/uofuprobonopt](https://www.facebook.com/uofuprobonopt)
Letter from Interim Dean, College of Health, Robin L. Marcus, PT, PhD, OCS

Dear Students, Faculty, Staff and Volunteers,

I go to a lot of meetings. Don’t get me wrong; I am not the person who complains about going to meetings. In fact, most of the meetings I attend are filled with relevant information that I need and use in my life as a physical therapist in an academic health sciences center. Last Spring, I went to a meeting that particularly sparked my interest. During this meeting, Dr. Evelyn Gopez asked me if I thought any of our physical therapy students might be interested in providing care at the Midvale Clinic. While I knew the answer to that question, what I did not know was that physical therapy would be the model for the student run services that would be offered in this revitalized pro bono clinic. From the faculty advisor to the student board, this is a real example of hiring the right people and getting out of their way. Well, maybe not hiring... but you get the idea. While providing physical therapy care to our underserved neighbors in Midvale City is by itself a grand accomplishment, this developing interprofessional clinic will do so much more. The Midvale Clinic represents an opportunity not only to provide free care, it is an opportunity to provide great care and to train health care providers how to work together in a truly interprofessional setting. While the physical therapists and physical therapist students are the only ones in the clinic on Saturday mornings right now, the stage is being set for increased collaboration and a new way of educating health care professionals. The fact that the care is free is a bonus. My sincere congratulations to all involved in making the Midvale Clinic such a success. Pro bono means to work for the public good. Working together for the good of our patients certainly seems to fit that bill.

Robin L. Marcus, PT, PhD, OCS

Midvale Family Health Clinic Open House

On Wednesday March 26th, student board members, affiliated faculty, and volunteer physical therapists attended a social event at the Midvale Senior Center for all individuals involved with the Midvale Family Health Clinic. Other attendees included representatives from the medical, dental, pharmacy, and nutrition divisions, as well as our community partners, including CBC staff members and Ken Donarski, director of the Midvale Senior Center. Hosted by Dr. Wayne Samuelson of the University of Utah medical school, the event gave us the opportunity to meet and share ideas with other clinic affiliates. (See Pictures on Next Page)

New Clinic Location at the Midvale Senior Center

We’re moving! On April 5th, the clinic will open in its new space at the Midvale Senior Center, located at 350 West Park Street, Midvale. With more room and access to exercise equipment, this new location will improve our ability to provide quality patient care. Clinic hours will be the same: Saturdays from 9 am - 1 pm.

Patient and Volunteer Statistics Since Opening

- Total number of patients = 21
  - Initial evaluations (new patients) = 21
  - Follow up visits = 7
  - Age range: 13-72 yrs
- New volunteer physical therapists = 6
- New student physical therapists = 30
- Total volunteer hours = 40 hours in the clinic

(See Pictures on Next Page)
Left-to-right from top: Marissa Floodman, SPT ’15 and fellow attendee; Brett Fechter and Simone Mata, SPT ’16; Bo Foreman, Associate Professor of Physical Therapy and Preston Ward, SPT ’16; Board Directors Katey Blumenthal, SPT ’16, and Ally Armstrong, SPT ’15; Blake Rowinski, SPT ’16, Geoff Buchanan, SPT ’15, and Garret Jacobson, SPT ’15; Robin Marcus, Associate Professor of Physical Therapy and Interim Dean, College of Health and Misha Bradford, Assistant Professor of Physical Therapy and Faculty Advisor; Erin McDermott, SPT ’15 and Paul LaStayo, Professor of Physical Therapy; Jordan Johnson and Lauren Johnson, SPT ’16.
Testimonials from student and attending physical therapists

**Students:**

"Great experience, especially to help us remember that no patient appears as in the book."

"I felt like the experience at the Pro Bono clinic was awesome! It was a taste of how it will be in an actual clinic with actual patients. It really reveals what areas of our profession I am doing well in and what areas I need to improve on. I loved it!"

"It was a good learning experience and was helpful in showing me areas that I need to improve on. It was also fun working and getting to know a PT student from a different year."

**Attendings:**

"Really rewarding experience! I loved the collaboration with students on appropriate care and the creativity involved in treatment and HEP implementation. The goodness at the heart of physical therapy was displayed at this clinic. Student volunteers were thoughtful, empathetic, attentive and detail-oriented. The student director displayed incredible leadership and poise in easing nervousness of the students and guiding me through my duties as an Attending PT. I'm proud this service is available in our community!"

"You all did a great job! I'm very impressed by your dedication and your commitment to providing care to an under-served population. Keep up the excellent work!"

Many thanks to the following April volunteers!

**CBC Staff:**
Maria Consuelo Cala
Allexandria Taylor
Mauricio Agramont, Director, Community Building Community

**Attending physical therapists:**
Scott Behjani, University Orthopaedic Center
Barbara Fink, University Orthopaedic Center
Aaron Hackett, University Orthopaedic Center
Whitney Meier, University Orthopaedic Center
Genieve Olivier, University of Utah
Laura Wenger, University Orthopaedic Center

**Student physical therapists:**
Tyler Barnes, SPT ‘15
Ally Barton, SPT ‘15
Carlie Christianson, SPT ‘16
Alyssa Demory, SPT ‘15
Annie Fangman, SPT ‘15
Natalie Hale SPT ‘16
Anya Jensen, SPT ‘16
Nick Langelotti, SPT ‘16
Erin Longhurst, SPT ‘15
Katelyn Metcalf, SPT ‘15
Sarah Niederbuhl, SPT ‘16
Rachel Porubek, SPT ‘15
Katie Rufenacht, SPT ‘16
Michael Reuter, SPT ‘16
Preston Ward, SPT ‘16

**Translators:**
Bryan Samuelson

**Student Administrative Coordinator:**
Katelyn Metcalf, SPT ‘15
Interested in helping?

To volunteer as an attending physical therapist or Spanish translator: please contact uofuprobonopt@utah.edu

Help us meet our goal of raising $2500 for initial start up costs! To donate: Go to https://umarket.utah.edu/ugive/index.php?gift_id=68&special=%20Midvale%20Clinic%20HE23467-40165 or send a check payable to the Department of Physical Therapy ("Pro Bono Clinic" in the memo line) to 520 Wakara Way, Salt Lake City, 84108. All donations are tax deductible and will go directly to the clinic.

To donate small pieces of equipment or supplies: Contact us at uofuprobonopt@utah.edu or (435-612-0066).

Spread the word!
If you know of anyone who is interested in the clinic, please encourage them to subscribe to our newsletter. To subscribe: send an email to sympa@lists.hsc.utah.edu with the subject "Subscribe probono_pt_clinic YOUR NAME".

Thanks for reading! Look for our next newsletter in April. For questions about the information provided here or the clinic in general, please contact uofuprobonopt@utah.edu.
Student Board Secretaries,
Nira Salant '15
Jordan Johnson '16