

Department of Health Promotions and Education
Consumer Health Track
2005 ACADEMIC PROGRAM COMPLETION PLAN

STUDENT NAME: _____ ID#: _____

ADMITTED: _____ EXPECTED GRADUATION DATE: _____

Student Signature: _____ Date: _____

Advisor Signature: _____ Date: _____

PREREQUISITE REQUIREMENTS			
	Term Taken/Planned	GRADE	COMPLETION INFORMATION
HEDU 1010 (3)			
HEDU 3050 (3)			
HEDU 1950 (4)			
WRTG 2010 (3)			
MATH 1070 (3)			

REQUIRED CLASSES (must take all)			
	Term Taken/Planned	GRADE	COMPLETION INFORMATION
HEDU 4200 (3)			
HEDU 4300 (3)			
HEDU 4180 (3)			
HEDU 3160 (3)			
HEDU 3000 (3)			
HEDU 3020 (3)			
HEDU 3290 (3)			
HEDU 2010 (3)			
HEDU 4350 (3)			

ESSF 1098 (3)			
NUTR 1020 (3)			

ELECTIVE CLASSES (must take 17+ hours)			
	Term Taken/Planned	GRADE	COMPLETION INFORMATION
HEDU 1030 (3)			
HEDU 3030 (3)			
HEDU 3100 (3)			
HEDU 3150 (2)			
HEDU 3190 (3)			
HEDU 3350 (3)			
HEDU 3400 (3)			
HEDU 3700 (3)			
HEDU 4310 (3)			
HEDU 4790 (3)			
HEDU5020 (3)			
HEDU 5050 (3)			
HEDU 5100 (3)			
HEDU 5160 (3)			
HEDU 5350 (3)			
HEDU 5370 (3)			
FCS 1500 (3)			
PH TX 2700 (3)			
HEDU 5300 (3)			Any diversity class okay

If a course that is a requirement for the major is not available, the department reserves the right to substitute another course to fulfill that requirement. For assistance with completing University-wide graduation requirements, attend a Graduation Requirement Workshop sponsored by the Center for Academic Advising, 450 Student Services Building. Call the Infoline 585-5147 for a list of upcoming workshop times, dates and locations.

INSTRUCTIONS FOR COMPLETING YOUR APCP

*The following process will allow you to see how many courses you have remaining within your track, so that you'll also have an idea how many semesters (and how many credits per semester) it will take you to complete the requirements **for your major** (i.e., not including various other requirements mandated by the university for your degree, such as general education, residency, upper-division, etc.).*

- 1) Generate (and print out) a **new** copy of your DARS:
- 2) on your APCP (above) use a **pencil** to fill in the semester/year and grade for all of the classes that you've already taken (note: these classes **must** appear within the appropriate sections of your DARS – premajor, content, elective, etc. – in order to count);
- 3) using the list of required and elective classes (see next page) that specifically apply to your chosen track in Health Promotion & Education, determine when your remaining classes will be offered (Fall, Spring, Summer...paying particular attention to classes that have prerequisites and/or are only offered once per year) and use that info to fill out the rest of your APCP as a tentative schedule for when you **plan** to take those classes; and
- 4) once you have your plan laid out (and/or if you have any questions along the way), please contact the Incoming/Transfer Advisor (Dave Chong, e-mail: d.chong@utah.edu) for an appointment, in order to have your APCP authorized by the department and placed into your file.

Department of Health Promotion and Education
University of Utah

Consumer Health Track

Effective Fall 2005

<u>Cr</u>	<u>Course Title</u>	<u>Offered</u>
<u>REQUIRED CLASSES</u>		
H Edu 4200	3 Foundations of Health Education	F
	Prereqs: H Edu 1010, 3050, and Writing 2010	
H Edu 4300	3 Research and Assessment (QI)	F
	Prereqs: Math 1070 or equivalent statistics course	
H Edu 1950	4 First Aid and Emergency Care	F S Su
H Edu 2010	3 Introduction to Health Professions	F
H Edu 3000	3 Human Sexuality	F S Su
H Edu 3020	3 Patient Education	F
H Edu 3160	3 Stress Management	F S Su
H Edu 3290	3 Living with Chronic Diseases	S
H Edu 4180	3 Prevention Practices in Hlth Promotion	S Su
H Edu 4350	3 Personal Resiliency	S
ESSF 1098	3 Fitness for Life	F S Su
NUTR 1020	3 Scientific Found of Human Nutrition	F S Su
<u>ELECTIVE CLASSES (must take 17+ hours)</u>		
H Edu 1030	3 Substance Use & Abuse	F S Su
H Edu 3030	3 Medical Terminology	F S Su
H Edu 3100	3 Smoking Cessation	F S
H Edu 3150	2 Health & Human Relations	F S
H Edu 3190	3 Death & Dying	F S Su
H Edu 3350	3 Eating Disorders & Body Image	F S Su
H Edu 3400	3 Health Concerns of Women	F S Su
H Edu 3700	3 Environmental Health	Su
H Edu 4310	3 Marketing & Promotion	F
H Edu 4790	3 Health Service Administration	F S Su
H Edu 5020	3 Transpersonal Health	S
H Edu 5050	3 Health Concerns in the Developing World	F S
H Edu 5100	3 Health Care in the U.S.	Su
H Edu 5160	3 Health Communication	S
H Edu 5300	3 Diversity & Health (fulfills diversity)	F S
H Edu 5350	3 Eating Disorders: Prevention & Treatment	F S Su
H Edu 5370	3 Health & Optimal Aging	F S
FCS 1500	3 Human Development	F S Su
PHTX 2700	3 Common Medicines	F S