

Academic Program Completion Plan
Exercise and Sport Science - **Emphasis: Exercise Physiology**

Student's Name _____ ID# _____ GPA _____

<i>Exercise Physiology Requirements</i>	<i>Credit Hrs.</i>	<i>Grade</i>	<i>Semester Enrolled</i>
MATH 1050 College Algebra (Pre-req. MATH 1010 or ACT 23)	4		
MATH 1060 Trigonometry	3		
BIOL 2325 Anatomy (Pre-req. BIOL 1210)	4		
BIOL 2420 Human Physiology (Pre-req. BIOL 1210)	4		
ESS 2500 Exploration of Movement Sciences (Pre-req. or co-req. MATH 1040 or MATH 1210)	3		
ESS 2600 or 2601 Sport and American Society	3		
ESS 3092 Kinesiology (Pre-req. BIOL 2325 & ESS 2500)	3		
ESS 3094 Honors Exercise Physiology (Pre-req. BIOL 2420)	3		
ESS 3093 or 3096 Biomechanics (Pre-req. ESS 2500, ESS 3092, or MATH 1060 & PHYS 2010 for pre-req for 3096)	3		
ESS 3340 or 3341 Sport Psychology	3		
ESS 3550 Motor Learning (Pre-req. ESS 2500)	3		
ESS 3551 Application of Human Motor Development Across the Life Span (Pre-req. ESS 2500)	3		
ESS 3670 Ex.: Health and Cultural Perspective (Pre-req. ESS 3094)	3		
ESS 4301 Exercise Physiology Lab (pre-req. or co-req. 3094)	3		
ESS 4670 Aging and Exercise (Pre-req. ESS 3094)	3		
ESS 4900 Promoting Physical Activity in the Community (Pre-req. ESS 3551, 3670, 4670 & HEDU 4250)	5		
HEDU 4250 Facilitating Healthy Behavior	3		
CHEM 1210 and CHEM 1215	5		
CHEM 1220 and CHEM 1225	5		
CHEM 2310 and CHEM 2315	5		
CHEM 2320 and CHEM 2325	5		
PHYS 2010	4		
PHYS 2020	4		

Student Signature & Date

Departmental Advisor Signature & Date

A 3.0 GPA is required for the Exercise Physiology emphasis. Students must maintain a 3.0 GPA for the program. There is one semester of probation if a student falls below a cumulative 3.0 GPA.