

**APRIL 2009**

**University of Utah  
Master's Degree: Special/Adapted Physical  
Education**

**NONTHESIS OPTION - 36 Hours**

Students admitted into the Master's degree program in Exercise and Sport Science with an emphasis in Special Physical Education can elect a thesis or a nonthesis option. The thesis option is recommended for those planning to pursue a doctoral degree. The nonthesis option is recommended for those students for whom the Master's degree will likely be their terminal degree.

Candidates selecting the nonthesis option will be required to complete a minimum of 36 credit hours including 16 hours of content courses, 6 hours of internship/practicum, 3 hours of research, and 9 hours of electives.

**Content Courses: 16 hours**

The content courses are designed to provide competencies in special physical education and pedagogy.

ESS	6400	Instructional Strategies in Special Physical Education	3
ESS	6430	Assessment and Curriculum Development	3
ESS	6450	Survey of Special Physical Education	3
ESS	6010	Techniques to Improve Behavior & Skill	3
ESS	6850	Graduate Seminar	3
ESS	6851	Transdisciplinary Collaboration Seminar	1

**Internship/Practicum: 6 hours**

The internship/practicum course is designed to provide practical experiences in which students are provided opportunities in which to apply the knowledge and skills learned in coursework.

ESS 6910 Master's Internship

6

**Research            3 hours**

ESS 6550 Intro to Research Methodology

3

**Electives:        9 hours**

The elective hours will be determined with advisor approval. Suggested areas for coursework include pedagogy, sport psychology, exercise physiology, therapeutic recreation, special education, sign language, ethnic studies, social work, recreation therapy.

**Sample Program - Nonthesis**

**Autumn (even years)**

ESS 6450 Survey of Special Physical Education  
3  
ESS 6910 Master's Internship  
3  
ESS 6010 Techniques to Improve Behavior & Skill  
3

**Spring (odd years)**

ESS 6430 Assessment and Curriculum Development  
3  
Electives  
3

**Autumn (odd years)**

ESS 6550 Intro to Research Methodology  
3  
ESS 6400 Instructional Strategies in Special P E  
3  
ESS 6850 Graduate Seminar  
1  
Electives  
3

**Spring (even years)**

ESS 6851 Transdisciplinary Collaboration Seminar  
3  
ESS 6910 Master's Internship  
3  
Electives  
3