

- Each clinic is limited to 8 individuals
- To ensure your place, register early.
- For more information contact:

**Dr. Michael Blomgren**  
 801-585-6152  
 michael.blomgren@health.utah.edu

- Visit our website to download registration materials:

[www.health.utah.edu/csd/clinical/ISC.html](http://www.health.utah.edu/csd/clinical/ISC.html)



### Intensive Stuttering Clinic

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Department of Communication Sciences & Disorders  
 390 S. 1530 E., Rm 1201 BEH SCI  
 Salt Lake City, UT 84112-0252

Phone: 801-585-6152

Fax: 801-581-7955

Email: [michael.blomgren@health.utah.edu](mailto:michael.blomgren@health.utah.edu)



Improving Fluency  
 Improving Lives

# Intensive Stuttering Clinic for Adolescents and Adults

August 2-August 13, 2010

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## The University of Utah Intensive Stuttering Clinic

The Department of Communication Sciences and Disorders at the University of Utah offers an annual intensive two-week stuttering clinic for adults and adolescents (ages 14 and older).

The *Intensive Stuttering Clinic* (ISC) is directed by Michael Blomgren, Ph.D., CCC-SLP. Dr. Blomgren is a licensed speech-language pathologist and a clinical researcher who has worked with hundreds of individuals who stutter. He has numerous professional publications and many national and international presentations on stuttering and speech motor control. The ISC is supported by our certified clinical supervisors and graduate students in Communication Sciences and Disorders.



### Treatment Structure

- We offer an evidence-based approach to stuttering management that is based on years of laboratory and clinical research.
- The *Intensive Stuttering Clinic* involves approximately 60 hours of direct treatment. The clinic runs from 9 a.m. to 4:00 p.m., Monday through Friday for two weeks. Therapy includes a combination of individual and group sessions.
- Follow-up “refresher” clinics are offered throughout the year.

### Cost

- \$1700 for the 2-week clinic. Program fee includes 60 hours of treatment, program manual, analog stopwatch, and all other supporting treatment materials. A \$200 deposit is required upon registration and the remaining \$1500 is due on the first day of the clinic. Payment plans are also available.
- A small number of fee reduction scholarships are available. All scholarships are based on financial need. Please inquire about availability.
- Housing and food costs are not included in the program fee. However, housing and food services are available on campus. If you are unable to commute to the program, we recommend you stay on campus. We will be happy to work with you to arrange housing.

### Philosophy

Stuttering is a multidimensional disorder and is best treated with a multidimensional therapy approach. The objectives of the *Intensive Stuttering Clinic* are:

- Learn new speech motor skills
- Improve control over production of fluent speech
- Practice learned methods in real-life situations
- Reduce severity of stuttering moments
- Foster a better understanding and healthy acceptance of stuttering
- Increase self-confidence
- Promote a proactive attitude toward improving speech production



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